



4.49

Zum
Goat Milk Soap Bar
Assorted Flavors
3 oz.



8.99

Zum
Goat Milk Soap
Two Pack
6 oz.



9.99

YAYA Organics
Sunscreen Applicator
Assorted Colors
80 ml

Upcoming Wellness Event:

Tuesday
FEBRUARY

17

THE BASICS OF PLANT-BASED NUTRITION

📍 The Hotel Concord | 4:30 pm-5:30 pm

Discover how simple, delicious, and empowering plant-based eating can be with Jenny Cheifetz, wellness coach from The Flirty Vegan. This beginner-friendly workshop introduces the core principles of a whole-food, plant-based lifestyle—without overwhelm or restriction. Whether you're "veg-curious," working toward better health, concerned for the animals, environmentally-conscious, or wanting to eat more nourishing foods, this class offers guidance, practical tips, and supportive inspiration.



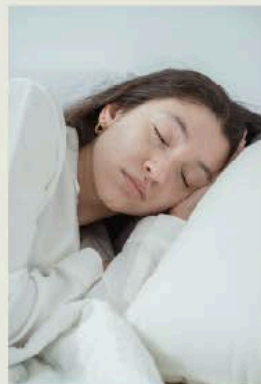
MARCH

11

SLEEP & HORMONES

📍 Concord Co-op Cafe | 6 PM - 7 PM

Discover how your sleep cycles and hormones are deeply connected and how small lifestyle shifts can help you wake feeling rested, balanced and energized with Certified Holistic Health Practitioner, Naturopath, Genomics Coach, and FDN-P, Jody Feinman.



FEB
2026

MEMBER

Deals!

Exclusive member-only offers



Will you be our
Valentine?
Profess your love
with a Co-op
membership!



12.99/lb

Marich

Caramels
English Toffee & Sea Salt

EST. 1983
MARICH
PANCRAFTED CHOCOLATES

Swoon over

sweets in

Bulk!



Healthy
Foods

2.99

Lacinato Kale

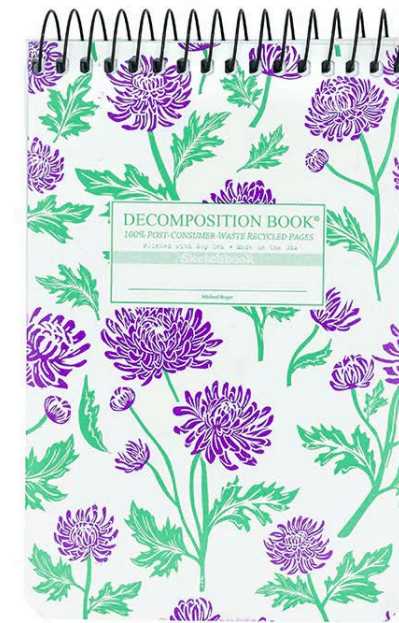
One Bunch



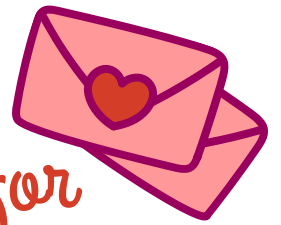
2.99

Green Kale

One Bunch



Perfect for
love letters!



4.99

Michael Roger Inc.

Pocket Sized
Decomposition Book
Chrysanthemums



9.99

Beekeeper's Naturals

Throat Spray
1 fl oz



3.49

Gold Thread

Tonic Rose Glow
10.5 fl oz.



Stay well
this winter!



4.99

Pacha Soap Co.

Bath Bomb
White Blossom & Fig



Fall in love
with new scents



2.99

Sunleaf Naturals

10" Natural
Reed Bouquet
8 ct



24.99

Sunleaf Naturals

Reed Diffuser
Assorted Aromas
3 fl oz.