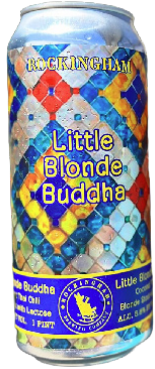




Find in the
beer and
wine aisle!



23.99

Gruet
Sauvage
Blanc de Blancs
740ml

14.49

Rockingham
Little Blonde Buddha
Coconut Thai Chili Blonde Stout
with Lactose
4-16oz



Perfect for
teas!

19.99

Pinky Up
Tatyana Infuser To-Go Mug
Pink and Lavender
1ct



Wellness
essentials!



1.49

Liquid I.V.
Hydration Multiplier
Immune Support
.56 oz

5.99

Boiron
Arnica Pellets
12 c

14.99

Badger
Jojoba Hair Oil
2 oz



17.99

Pacha Soap Co.
Jasmine Care Kit
1 ct

0.99

South of France
Travel Soap
Assorted Scents
1.7 oz

15.99

Dr. Bronner's
Magic Soap Refill
Lavender
32 fl oz

Upcoming Wellness Event:

NOVEMBER
10

HEALTHY THANKSGIVING COOK-ALONG

📍 Virtually | 6 PM-7 PM

In this live virtual class, Functional Nutritional Therapy Practitioner Lili Hanft will guide you through how to prepare a nourishing pumpkin pie made from nutrient-dense, whole-food ingredients. The recipe is free of refined sugar, gluten, and dairy. You can make the recipe along with the presentation or just choose to watch.



MEMBER Deals!

Exclusive member-only offers

NOV
2025

Thanksgiving FOOD & GOODS DRIVE



Donations due by Nov. 30th

ITEMS NEEDED:

- Dried Herbs
- Dried Spices
- Sparkling Water
- 100% Fruit Juice
- Crackers
- Oatmeal
- Brown Rice
- Canned Tomatoes
- Broth
- Coconut Milk
- Pasta
- Nut Butters
- Canned Fish
- Canned Beans
- Canned Peas
- Canned Pumpkin
- Toilet Paper
- Tissues
- Paper Towels
- Paper Products
- OTC Medications
- Liquid Dish Soap
- Cleaning Supplies



Not a member? Join today to reap this benefit along with a host of other perks!



Unwind this holiday with soothing tea!



Thanksgiving essentials!



Check out the sale on Pinky Up To-Go Mugs!

9.99
The Republic of Tea
Pink Chai Herbal Tea
50 ct

9.99
The Republic of Tea
Assorted Varieties
36 ct

4.49
Ocean Spray & Jonathan Sprouts
Cranberries
8 oz



Gluten-free sweets!



10.99
We Heart Gluten Free
Vanilla Cupcakes and Chocolate Cupcakes
4 ct
Available in our bakery department!



4.99
Big B's
Apple Cider
64 fl oz

Fall favorite



9.99
Chow Maine
Kale & Tofu Salad, Thai Noodle
Salad, and Kale Pesto Pasta



13.99/lb Bulk Mixed Nuts No Salt
14.99/lb Bulk Mixed Nuts Salted



7.49
Woodstock
Ravioli
Assorted Flavors

7.49
Naten
French Madeleines
8.46 oz

7.49
Naten
Blueberry Muffins
7.4 oz



5.49
Eat This Yum!
Marmalade
Orange Saffron Cardamom
2.89 oz