

April 6, 2022

## A letter from our Board of Directors

Hello Co-op Members!

We've had an unusually cool start to spring, but soon the flowers will be blooming again and our favorite local spring vegetables will be back on the Co-op shelves. The Board wanted to take this opportunity with the turn of the season to update members on some of the latest happenings in our Co-op community!

### Paper vs. Plastic

Our GM, Chris Gilbert, made the decision in January to eliminate plastic bags at checkout and the Board could not be more pleased with the results! By remembering your reusable bags (not always an easy task) you've eliminated 2,800 plastic bags a week! That's a huge number and it's gotten us some positive coverage in The Concord Monitor. We appreciate Chris' vision in making this decision and the community's buy-in to make it a successful transition. Eliminating single use plastics couldn't come at a better time as we all try to do our part to reduce consumption of petroleum products. Hopefully this is a trend that will catch on throughout the grocery industry!

### New Wellness Classes:

We also have a great line-up of new wellness classes in the coming months!

- Seasonal Foraging: Part 1
- Easy to Grow Remedial Plants
- Transformational Breathing
- Yoga in the Park
- Seasonal Foraging: Part 2

### New Board Members:

Calling new Board members! The Co-op Board is a great opportunity to get involved in the Concord community and to work to advance the local food movement. Meetings are held monthly, and we have one annual retreat. We're trying to get a head start on recruiting for our next election in September, so if you're interested in volunteering, please reach out to [nominating@concordfoodcoop.coop](mailto:nominating@concordfoodcoop.coop) for an application packet. Applications are due on June 30, 2022.

